

ESSAY.

To be beautiful, life doesn't require to be big.

Sharukh Khan, popularly called the King of Bollywood. A person having fans across the globe and highest earnings in the industry. He was asked once by a media person, "What does Sharukh miss after having put say everything?" To this he replied, He misses being small. He misses being a commoner, sneaking through the Mumbai local.

He thinks about stopping at a random tea stall sipping a cup of tea in Mumbai. He misses to be 'one of you'.

good introduction with an example

A big life, undoubtedly, perhaps happy but not satisfactory. So maybe it's not a big life but a satisfactory one that's beautiful. Does it?

And if yes, what brings satisfaction to one's life. A prompt answer would be happiness. But then to be happy one needs to be in contentment with one's life and work. That forms a cycle, sometimes vicious and taking entire life ping-ponged between the two so called pillars of a beautiful life - 'satisfaction' and 'happiness'.

very good

Some say a beautiful life is one in which you have peace going to your bed. A deep sleep, cherishing

yes  
so  
very



acts of your day. Across all the Flyovers in Delhi families of daily workers are found sleeping on freezing cold nights. Surely a deep sleep, else who would sleep rather than shiver on such cold times. Beautiful? Most probably not if he was asked for an answer. Perhaps idea of beautiful life is a dream to be desired. But what's sure is that a single accomplishment or perhaps a bunch of them is perhaps not the key. Maybe our past the enlightened souls have a answer.

Desire is the cause of all miseries. The door by Buddha is perhaps the culmination of all our thoughts on happiness and a socherished about 'beautiful life'. All the major religions in the world have called for 'salvation' - to get close to the almighty. Perhaps a beautiful life is one that has one connected to the god. A state where one gives up on all his desires and attains so called 'moksha'. But to this modern world these all have been ideas good to hear, difficult to imitate and nearly impossible to accomplish.

Goal  
Buddha  
And that  
ultimate  
cause of our  
sufferings

Ex  
MIRABAI

In Mahabharata when Krishna propounds to Arjuna, the Greeter, he says - 'Dharma' is the only right way to life. One needs to obey the 'Dharma' above all other ways. It's the true path that would lead to victory of truth. The understanding of 'Dharma' at present has been



equated with Religion but in true sense it did mean Righteousness of Work. To do ones job, smart or big, impacting millions or just self, popular or not, but to do with all dedication, perseverance, hard work, efficiency and most importantly happiness might be the easiest and readily available way to make ones life 'beautiful'.

In a greek legend, TITHONUS asks for a boon of immortality to gods and gets it. Times after growing old and seeing generations pass away laments for death because he had to work that he wasn't done off doing. This does suggest though a 'big life' not 'beautiful' because someone didn't enjoy his work.

History has been filled with examples of people doing small work and being happy to bring Mother Teresa did small work, maybe not even a work for her, of helping the needy. The world still bears in her name. The Women of Chipkoo Movement. They just stick one to each tree. And Result is call a history. An example of nature conservation and community strength that would be quoted for years. That indeed was 'beautiful' and 'big' of course.

A recent example of business Mr. Siddhant's COPFEE DTY's show with good money, influence, decided to end his life abruptly - was his life not BHM? - for whom it is with that is why he decided end his life

Mike Mother Teresa who helped poor & destitute Sh. Keilorkh Latyandhi also helped street children - life is beautiful for them



The Flying Sikh of India! while swimming over many coaches of the team would have never thought that this leap will one day get India listed at Olympics. All he did was stick to his work of improving with each passing day, each passing race as if a beautiful life made its way for him welcoming with the gold medal. 'Studying below the street lights' to becoming the second Prime Minister of the largest democracy. Taking iron with a back-stabbing neighbour and bringing nations together on one footing with a single slogan - 'Jai Jawan, Jai Kisan!'. Being his work meticulously and without fail is what made the life of Lal Bahadur Shastri. A big and beautiful example. But again honesty and integrity to ones work has been the key.

Excellent

Seeing his mustard field blossoming walking towards his fields gives a farmer same level of joy that a baby gets seeing his mother. Daily handwork, proper irrigation and other farming practices is what it takes for a piece of land to look that way. A small life in a corner of the world happy doing ones work with all heart out. From Big to small beauty to life is added each moment by small acts of happiness and enjoyment.

for a farmer - timely rains, good crop, best price, his produce to support his family - life is beautiful for him



Humanity has grown big in past centuries, thanks to the biggest revolution of mankind 'Industrial revolution'. We have increased our capacity in all fields. Production, Infrastructure, Development have soared immensely. If it was not enough for earth we reached moon and now plan to inhabit Mars. Colonies have been captured, resources exploited all for the race of being big in the world. Ending the hegemony of England and USSR, US became the global power. The leader changed the methods didn't. Nuclear bomb dropping certainly showed us how big we are to destroy millions of jobs creation in a moment, but at the other side of it was the 'Ugly' side of Humanity.

Climate change is one of the most debated topic of the globe today. Global North and Global South - The Division of the world as they call it. The blame game goes on as who will take the responsibility. The Industrial power - users say they don't do it while the growing nations argue we have to do it because its our turn now. US essentially withdrawing from the Paris Agreement gave a



new dimension, showing how hollow the promises  
are and maximum to get the seat of power.

'Rising Ocean, Sinking Cities', 'Burning of the Jungles  
of the Earth' - The Amazon rainforest thanks to  
the new world order of looming climate and faith  
through narrow lens of nationalism. To not go  
for, the everyday air we breathe in and hear  
the next day with each pushing the ball  
in the other court. To all this the mother  
Earth sitting silently at the corner would  
surely be saying - 'curse you for making me  
big, I was happy beautiful.'

The fundamental law of the land also signifies  
the duties that citizen should abide to  
that would lead to a welfare state  
The Constitution of India thus forewells for a  
list of fundamental duties that every citizen  
should follow to promote the idea of  
Fraternity. The principle envisage to address  
unity among the countrymen and at the same  
time maintaining integrity of the country. The  
duties are not big per se. Respect national  
flag, protect national heritage but duties  
that would certainly have a big impact.



'collective strength' is what drives a nation and the same is the idea of these duties. Respect for our own country would help create a beautiful country by following that is 'big' responsibilities. People like the late chief Election Commission T.N. Seshan have shown that abiding by your duties you can actually make your work and life beautiful and exemplary. This naturally adds to beauty of the larger society you are part of.

'A silver lining' does exist whenever we have clouds of darkness. (Bhutan) - a small country but the happiest in the world. Tough terrain and not so rich in natural resources but it's not always 'big' that's needed for 'beautiful'. Sometime we just need a happy, conducive, clean, satisfactory environment around to enjoy the work we do that we are entitled to do, maybe not big, and enjoy life as it becomes beautiful with each adding day. As they rightly say 'Happiness comes in sips, not in gulps.'

good



- lives will be beautiful to the extent we decrease our sufferings - make life bigger
- ants are one such species which work relentlessly for their survival - This ~~make~~ & make them beautiful
- kindness, empathy and honesty can be related to purity of souls - can make life beautiful
- green revolution - life became beautiful for many farmers
- when you talk about work - every work is important - a bus conductor, a traffic Police constable, a bank clerk, a peon in an office, a cook in a hotel. - they are building the nation, a better INDIA
- Constitution of India help us in building a beautiful, prosperous India continuously - it is the guiding force for all the govt in the country - they - states & central & devise guidelines and opt for many schemes - to make people's life beautiful